

boxes of hope.

ONE BOX = 10 MEALS
FOR ONE FAMILY

We're partnering with **Shoes 4 the Shoeless** and several local churches to deliver boxes of groceries to households who cannot shop for themselves during the COVID-19 pandemic.

Our goal is to complete **400 boxes.**

The estimated cost of one box is **\$60.**



“

... let us show the truth
by our actions.

1 JOHN 3:18

here is how you can help.

- 1 Tell us you're in. Sign up at: fairhaven.church/boxesofhope
- 2 Purchase the grocery items on the provided list.
- 3 Put all your items in a cardboard box with a note of encouragement for the family.
- 4 Drop off your box(es) at our Centerville Campus on Sunday, April 5, between 10:00 AM-6:00 PM.

tips

Don't worry about getting it perfect. If an item on the list isn't available, replace it with something similar (e.g. substitute pasta for egg noodles).

When items are available in multiple sizes (e.g. peanut butter), choose larger sizes if possible.

If you buy bread in advance, freeze it until you drop off your box.

Make sure the top of your box can close. If your items don't fit in one box, use two boxes and label them "1 of 2" and "2 of 2."

If you're buying enough food to complete multiple boxes and dividing items between boxes, please make sure each "box 1" is identical, and each "box 2" is identical.



list of items.

Pancake/waffle mix
(needs only water)

Syrup

Instant oatmeal

2 boxes of breakfast bars

Peanut butter + jelly

2 loaves of bread

Salty snack
(pretzels, goldfish, etc.)

Sweet snacks
(fruit snacks, cookies, etc.)

**Cheese or peanut butter
crackers**

Pudding cups

Fruit cups

2 cans of beans
(kidney, black, baked)

2 cans of veggies
(corn, peas, green beans, etc.)

2 cans of beef ravioli or chili

2 cans hearty/chunky soup

**Large box (or 2 small)
of instant rice**

**2 packs of microwaveable
mac and cheese**

2 jars/cans of pasta sauce

**4 large cans of chicken
or tuna**

**4 cans of cream of chicken or
cream of mushroom soup**

Bag of egg noodles

2 boxes of pasta

2 side dishes (instant mashed
potatoes or any “just add
water” sides)

FairHaven



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of hope.**