



DATE	January 7, 2018
SPEAKER	David Smith
TITLE	Mindset Matters
SERIES	We've all heard the phrase, "You should know better." But what does "better" look like, and how can we come to know it? Romans 8 reminds us that's what the Holy Spirit is here for. And as we trust and rely on Him, we can truly know better.

1. While mindset does matter in keeping New Year's Resolutions, the bigger life challenge is finding what separates the failing from the thriving. Re-read Romans 8:5-6. What daily steps do you take to keep your mind set on the Spirit?
2. Pastor David described an inner battle for control of our lives. If we succeed in developing a mind governed by the Spirit we receive life and peace. A mind set on the sinful nature leads to death. What help do you need in winning this struggle?
3. Pastor David said, "If there is no battle then you are not a follower of Jesus." How did you respond when you heard this statement? Read Galatians 5:16-23. What does Paul say is the benefit of walking in the Spirit?
4. Psalm 37:4 says, "Delight yourself in the LORD; And He will give you the desires of your heart." As you read this verse what is your understanding of "desires?" Whose desires are you seeking?
5. Pastor David said, "Whatever dominates your thoughts will determine your choices." How often are you consciously aware of your decision-making process? How can you remind yourself to think about what you are thinking about?
6. Pastor David gave us three questions to consider for fortifying our mindsets:
 - a. Do you belong to Jesus? Claim no Shame – Romans 8:1-4. Jesus came so we could put sin and shame behind us. Then why do we still struggle?
 - b. Do you need to filter the flow? Garbage in, garbage out - Colossians 3:2a What practical actions have you found to be successful in achieving this goal?
 - c. Are you chasing after God? Develop new desires - Psalm 37:4 What are some examples of how chasing after God has changed your desires?