Middle School

WEEKLY CUES

YOU GOT THIS!

Theme

Movement

THINK ABOUT THIS:

Movement is a two-week series on the topic of serving others. The goal in this series is to help your middle schooler feel excited about and understand their potential to serve others in a new way. While they may not always recognize their potential to make a difference, they have an enormous ability to change the world. And you can be part of this movement with them! Partner with your middle schooler to make joining the movement to serve a regular part of your faith and to show your student that they can truly make a difference.

Week One

John 3:4–5; John 13:14–15 Do something you don't have to do.

Week Two

Matthew 28:18–20 Do something you're scared to do.

REMEMBER THIS

"And the King will say, 'I tell you the truth, when you did it to one of the least of these my brothers and sisters, you were doing it to me." Matthew 25:40, NLT

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DAILY CUES



Morning Time

T o help them understand what serving others looks and feels like, go out of your way to do something you don't have to do for your middle schooler this week. Try to come up with something you don't typically do so the act of service stands out. If they call it to attention or thank you for it, ask them how that simple act of service made them feel.



Drive Time

M ake sure to call out and praise your middle schooler when you see them serving someone else when they don't have to. Your encouragement and positive reinforcement can go a long way in helping them take the step to serve others again. What gets celebrated gets repeated!



Meal Time

E verybody loves a little friendly competition, right? This week, host a serving competition in your family to see who can do the most to serve others in your home. Make a serving chart to keep track, and then let the person who served the most pick their favorite meal for dinner at the end of the competition.

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| | TIME |) |

Bed Time

S hare about a time you did something that you were scared to do or didn't think you could do. This could be as simple as riding that massive rollercoaster or as big as speaking up about a cause in front of other people. Whatever it is, talk about what was holding you back and how you found courage to take the step even in the face of fear.

