

2020-2021

Middle School

WEEKLY CUES

YOU GOT
THIS!

Theme

Habits

THINK ABOUT THIS:

Wouldn't it be incredible if your middle schooler didn't just think about their faith on Sunday, but instead, made their faith part of their everyday life? That won't happen overnight! It's something that grows each and every day. *Habits* is a five-week series designed to help students develop spiritual habits that will connect them with God and grow their faith. The idea of connecting with a God they can't see in front of them is certainly abstract for middle schoolers. That's why walking them through concrete examples they can put into practice will help them grow in understanding and practicing these spiritual habits as a part of the everyday faith they're developing.

Week One

John 15:5

Connecting with God helps us know Him better.

Week Two

Psalm 1:1-3

Listening to God helps us know Him better.

Week Three

Ephesians 1:16b-17

Talking to God helps us know Him better.

Week Four

Acts 4:13

Talking about God helps us know Him better.

Week Five

Psalm 103:1-2

Worshipping God helps us know Him better.

REMEMBER THIS

"Bless the Lord, O my soul,
and all that is within me,
bless his holy name!
Bless the Lord, O my soul,
and zforget not all his benefits"
Psalm 103:1-2, ESV

Middle School

DAILY CUES



Morning Time

Create a prayer board in your house that your family can fill with prayer requests. This can be as simple as a white board, chalk board, or piece of paper on your fridge. Write down the things your family is praying for on it so each person can see it, pray over the things on it, and see how God is working in response to those prayers.



Drive Time

Talking about God isn't always easy. To help your middle schooler feel more confident or comfortable, take the lead in the conversation! This week, share something you've seen God do in your life with your middle schooler. Big or small, it's a great way to not only start the conversation, but lead by example in sharing how you've experienced God at work in your life.



Meal Time

Ask your kid what makes them feel connected to the important people in their lives. What makes them feel close to their friends, family, or even God? Then, share your own answers. It's a great way to start a conversation that will not only help you learn who your kid feels connected to, but also the specific things that make them feel close to and known by the people in their lives.



Bed Time

Read a week of the YouVersion devotional plan that goes along with what they're learning at church right now. Simply download the app and search "Habits" to find the plan connected to the series they're studying in their student ministry. Then, commit to reading and talking about each day's devotional together before bed every night this week.

