

## Into the Unknown

This four-week series will help your middle schooler navigate the many changes they face in this phase. Changes in their body, in their interests, with friends, in their mood, and changes at home can feel like a lot of unknowns to deal with! Remember, everyone deals with change differently. Some middle schoolers may get excited by change, and others may feel overwhelmed at the thought of it. This series will give them practical, spiritual truths they can hold onto as they go into the unknown.

### MEMORY VERSE

“Jesus Christ is the same  
yesterday, today, and forever.”  
Hebrews 13:8, NLT

### Week One

#### Hebrews 13:8

God never changes when you're in the unknown.

### Week Two

#### Isaiah 43:2, John 16:33

God goes with you into the unknown.

### Week Three

#### Numbers 13:27-28a, Numbers 14:7-9

God is bigger than anything in the unknown.

### Week Four

#### James 1:2, James 1:3-4

God can use the unknown to make you stronger.

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# Middle School

ENGAGE IN EVERYDAY MOMENTS TOGETHER

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## Morning Time

As your middle schooler begins their day, help them start off on the right foot by saying something encouraging, like: “I love the way you . . .”

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## Meal Time

At a meal this week, ask your middle schooler to share one thing they wish they knew the answer to in life right now.

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## Drive Time

While on the go this week, start a conversation with your middle schooler by asking this question: “What’s your favorite thing in life right now?”



## Bed Time

Pray for your middle schooler: “As [insert your kid’s name] faces so many changes in life, help them to remember that You, God, never change.”



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