Middle School

YOU GOT THIS!

WEEKLY CUES

Theme

What I Really Want

THINK ABOUT THIS:

What I Really Want is a fourweek series designed to help middle schoolers recognize, understand, resist, and deal with temptation in their lives. This can be a tricky subject to navigate in this phase, as middle schoolers may not even be aware they're being tempted at this point. And if they are, their ability to regulate and find the self-control to resist can be challenging. That's why the goal of this series isn't just to help them fight against temptation; it's also to help them build the ability to see temptation for what it is when it's happening and give them the tools they need to choose God's best instead.

Week One

James 1:13-15 We can experience God's best for us when we resist temptation.

Week Two

Hebrews 4:15 Everybody faces temptation.

Week Three

Romans 7:14b-15; Romans 7:18-20; Romans 3:23-25a Jesus helps us when we're tempted.

Week Four

Acts 13:22b; Psalm 51:9-10 Giving into temptation doesn't have to be the end of the story.

REMEMBER THIS

"Create in me a clean heart, O God. Renew a loyal spirit within me." Psalm 51:10, NLT

Middle School

DAILY CUES



Morning Time

W ork on memorizing a verse together as a family this week. You can even use the memory verse for this series—Psalm 51:10—as a place to start. Make it a goal to commit it to memory together, talk about what it might mean for your lives, and reward yourself with something fun as a family when everyone has accomplished the goal.



Drive Time

A ccountability is huge in helping anyone resist temptation. So ask yourself, "Who have I invited into my life to help with the temptations I face?" Share who that person is with your kid this week. Tell them how they help you when you're struggling with temptation. Then, if your kid is comfortable with it, continue the conversation by asking who they might invite into their life to do the same for them.



Meal Time

T ry a temptation challenge at dinner this week! Ask everyone in your family to place their phones or devices in the middle of the table. See who can go the longest without reaching for it during the meal. The last person standing wins dessert. And if everybody resists the temptation, take your whole family out for a treat!.



Bed Time

C ome up with an agreement with your middle schooler for how you'll respond to them when they come to you with a mess up or mistake. Write down something like "When you mess up, I promise to _____," and share it with your kid. Just remember that if you agree to do it, you should do your best to stick to it. When you do slip up in this, own it and let your kid know you're going to keep trying to respond better as they keep trying to work on their mistakes.

