

*Sunday*

WEEK ONE / SERMON NOTES

*01*

Lined area for sermon notes, consisting of 21 horizontal lines.

# Monday

READ EPHESIANS CHAPTER 1

What verse stands out to you within the chapter, and why?

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What one word would you choose as being important to the message of the chapter?

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Does the chapter speak to any particular situation in your life?  
If so, what do you take away from it?

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## My Next Step

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# Tuesday

READ EPHESIANS 1:1-6

From eternity, God chose you as his own precious possession. He knew you before you were even born and he set you apart to experience new life in Jesus Christ. His purpose for you is holy and good and includes every spiritual blessing you could ever need. God has blessed you in a huge way! And as his adopted son or daughter, you'll spend eternity being grateful for the glorious grace he has shown you.

## Key Word = BLESSED

Spend the day pondering his amazing blessings in your life.

## Question

How does it make you feel to know that God has chosen you from among all others to receive his love, his blessings and his promises?

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# Monday

READ EPHESIANS CHAPTER 1

What word or phrase gives you hope?

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Pick one word, phrase or verse from the chapter to memorize this week.

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Write a brief prayer based on what you will memorize?

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# Tuesday

READ EPHESIANS 1:13-14

Have you ever doubted your salvation? Worried about your future? If we are honest, all of us have wrestled with doubt. God's amazing grace is a difficult concept to grasp. At the time of salvation, God's own Spirit indwells every believer. The Holy Spirit sealed us in Him, guaranteeing our inheritance. So rather than worry or doubt, let's be assured of our salvation and future hope.

**Key Word = SEALED**

As you go about your day, celebrate the assurance that your eternity is secure.

**Question**

In a world of uncertainty, how does this assurance of salvation motivate you to live differently?

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# Monday

READ EPHESIANS CHAPTER 2

What verse stands out to you within the chapter, and why?

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What one word would you choose as being important to the message of the chapter?

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Does the chapter speak to any particular situation in your life?  
If so, what do you take away from it?

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# Tuesday

READ EPHESIANS 2:1-3

For justice to be served the guilty must be punished. Many of us enjoy seeing justice played out in our movies and TV shows. What happens though when we are the ones that are guilty of injustice? Paul tells us that in our natural desires and passions separate us from God. This leaves us not only in a place of brokenness but deserving of the wrath of God. How amazing is it then that through Jesus we have hope for a different way?

## Key Word = WRATH

Spend the day reflecting on the justice of God.

## Question

How does the knowledge of your own sinfulness help you grasp the magnitude of God's grace?

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# Monday

READ EPHESIANS CHAPTER 2

What word or phrase gives you hope?

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Pick one word, phrase or verse from the chapter to memorize this week.

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Write a brief prayer based on what you will memorize?

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# Tuesday

READ EPHESIANS 2:11-12

One of the deepest longings of the human soul is to belong. Instinctively we draw circles around ourselves including some and excluding others. This can be divisive and lead to arrogance. We see this play out between the Jewish and Gentile nations. Jews stigmatized the Gentiles as the “uncircumcised” and exalted themselves as the “circumcised.” But God wants unity within the church, removing all social, racial, and spiritual disparities.

### Key Word = STRANGERS

Write a list of all the things you share in common with your brothers and sisters in Christ.

### Question

How can you help foster unity within our church family?

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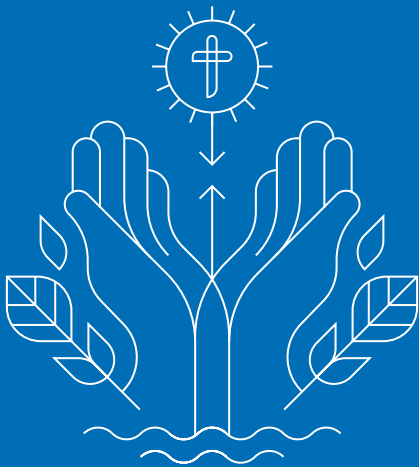




Sunday

WEEK FIVE / SERMON NOTES

05



Lined writing area for sermon notes.

# Monday

READ EPHESIANS CHAPTER 3

What verse stands out to you within the chapter, and why?

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What one word would you choose as being important to the message of the chapter?

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Does the chapter speak to any particular situation in your life?

If so, what do you take away from it?

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# Tuesday

READ EPHESIANS 3:1-5

Can you imagine how excited Paul must have been to know that God had entrusted him with the message of God's undeserved grace to the Gentiles? He alone understood the mystery God was solving through both Jews and Gentiles becoming one in the family of God.

What amazing grace that we have been adopted into God's family and are co-heirs with all of God's people in Jesus Christ.

## Key Word = REVELATION

In what ways has God revealed himself to you recently?

## Question

In what ways do you feel a part of a spiritual family and how might God want to use you to help others feel part of the church family?

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# Friday

REFLECT & JOURNAL

What truths have most impacted you this week from this study?

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What's your takeaway for the week?

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# Friday

REFLECT & JOURNAL

Write out a prayer that expresses one aspect of what you've learned this week.

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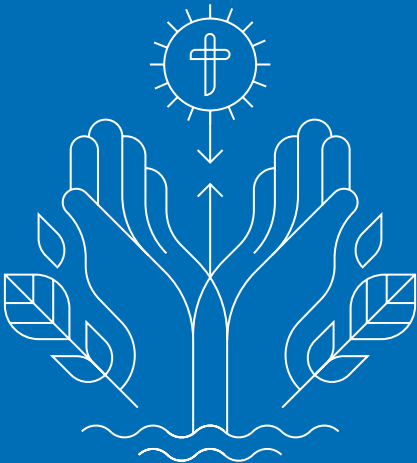


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*Sunday*

WEEK SIX / SERMON NOTES

06



A series of horizontal lines for writing notes, spanning the width of the page below the title.

# Monday

READ EPHESIANS CHAPTER 3

What word or phrase gives you hope?

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Pick one word, phrase or verse from the chapter to memorize this week.

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Write a brief prayer based on what you will memorize?

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# Tuesday

READ EPHESIANS 3:11-13

God has eternal purposes for which He has created and commissioned us. These can only be accomplished through our faith in Jesus. As part of that purpose, God invites us to come into his presence boldly and confidently! He is not distant, but near to us and longs for us to go to Him personally. Even in times of struggle and suffering we can find courage as we give all our cares to God and rest in his presence.

## Key Word = BOLDNESS

Spend some time considering any obstacles that prevent you from approaching God with boldness and confidence.

## Question

What does it mean to you that God the Father invites you to come to him boldly and confidently?

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# Friday

REFLECT & JOURNAL

What have you learned about Jesus from Chapter 3?

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How does what you've learned make you love Jesus more?

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# Friday

REFLECT & JOURNAL

Spend some time in prayer, praising Jesus for who he is.

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