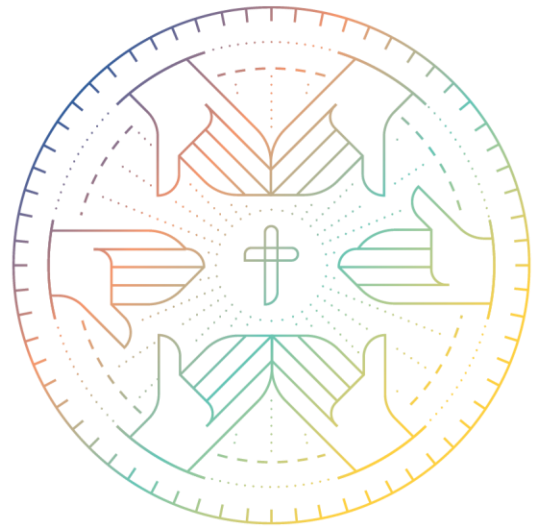


Group Life.

WE ARE BETTER TOGETHER



ICEBREAKER (10 MINUTES)

Do you or your family have any Easter traditions?

INTRODUCTION (5-10 MINUTES)

Paul ends the first three chapters of Ephesians with a prayer. This prayer is a continuation of the first verse in chapter 3. His prayer here is also a continuation of chapter 1 where Paul declared that he did not cease to remember them in his prayers. His main aim here is for the Ephesians to be renewed and to understand on a deeper level the love that God has for them.

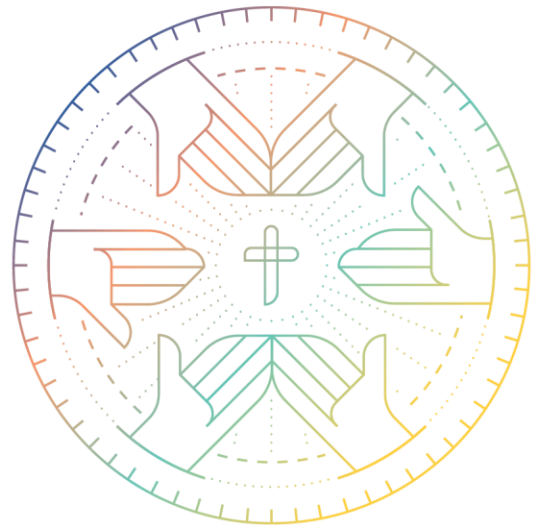
INTO THE WORD (25 MINUTES)

1. Read Ephesians 3:14 -16. Paul prays that the Ephesians would be strengthened in their “inner being”. What do you think it means to be “strengthened in your inner being”? According to Paul how are the Ephesians strengthened and do you think it is important?
2. Read Ephesians 3:17, Colossians 2:6-7, and Matthew 7:24-27. After reading these passages what do you think Paul is talking about when he mentions “being rooted and grounded in love”?
3. Paul prays for three specific things:
 - For God to strengthen our lives with His power (3:16)
 - For Christ to reign in every area of life (3:17a)
 - For God to show us the extent of His love (3:17b-19).

Of these prayers which one resonated with you the most? Why?

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APPLICATION (25 MINUTES)

1. Read Ephesians 3:18-19. Paul lists four dimensions of God's love: Breadth, Length, Height, and Depth. Of those which one sticks out to you the most? Why?
2. Read Isaiah 53:2-6 and Ephesians 3:18-19. As we reflect on Christ's sacrifice this Easter season what sticks out to you from Isaiah 53. How can that give us a better picture of what Paul is explaining about God's love?
3. Read Ephesians 3:20-21. If we believed God is truly able to do immeasurably more than all we ask or imagine, how would that impact your thoughts and prayers this week?

PRAYER (10 MINUTES)

Dear heavenly Father, we pray that you would grant us the riches of your glory, that we would be strengthened through your Holy Spirit in our inner being. Jesus, please dwell in our hearts that we may be rooted in your love. This week help us to better understand the breadth and length and height and depth of your love for us. Now to him who is able to do far more abundantly than all that we ask or think, according to the power at work within us, to him be glory in the church and in Christ Jesus throughout all generations, forever and ever. Amen.