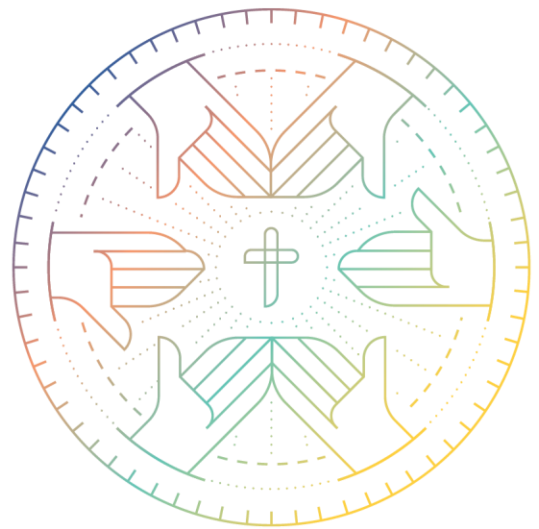


Group Life.

WE ARE BETTER TOGETHER



ICEBREAKER (10 MINUTES)

What is one thing you are looking forward to this summer?

INTRODUCTION (5-10 MINUTES)

In this week's passage, Paul continues to instruct us on how we should walk in love through being careful how we walk, being filled with the Holy Spirit, and submitting to one another. We do these as mirroring Christ's relationship with the church.

INTO THE WORD (25 MINUTES)

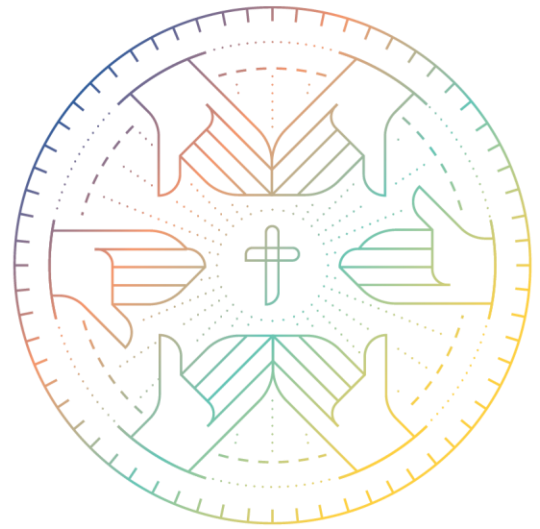
1. Read Ephesians 5:15-17. In this passage, Paul instructs us to look carefully at how we walk. How can we evaluate our walk with the Lord?
2. Read Ephesians 5:18-21 and John 10:10. According to these passages, what does it look like to be filled with the Holy Spirit?
3. Read Philippians 2:5-8 and Ephesians 5:21-24. What connections do you see in these passages between humility and submission?

APPLICATION (25 MINUTES)

1. After studying Paul's call for us to imitate God can you think of a time when you have felt like it was a hopeless ideal (Great idea but impossible to live out) or saw it as a Challenging goal (I can't wait to prove myself to God).
1. Read Philippians 2:1-4 and Galatians 5:16-26. After reading these passages, where do you need to grow in humility?
2. Read Ephesians 5:25-32. How can your marriage or singleness practically mirror the love between Christ and the Church?

Group Life.

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PRAYER (10 MINUTES)

Dear heavenly Father, help us to look carefully at how we walk. May we understand your will and be filled with your Spirit daily. Help us to give thanks in all that we do and help us to cultivate the humility that leads to healthy submission. May we submit to one another out of reverence to you. Thank you for giving us the perfect example of sacrificial love with your death on the cross. May we walk in that love in all of our relationships this week. We give thanks to you and pray all of this in your wonderful and holy name. Amen.