

# How to Friend

Friendships can be completely complicated. Add in the pressures that play a part in today's high school experience, and connecting with other humans can be really overwhelming. In this 3-week series, we'll discover how to navigate some of the most common experiences in our friendships. Whether it's being a friend, finding friends, or working through something tough in a friendship, we'll learn that the work it takes is always worth it.

## MEMORY VERSE

"Do to others as you would  
like them to do to you."  
Luke 6:31, NLT

## Week One

**John 13:4-5, Luke 6:31**

Being a friend means serving your friends.

## Week Two

**Proverbs 12:26**

The friends you choose impact the future you will have.

## Week Three

**Acts 15:36-38, Acts 15:39-41**

Being a friend means walking away friendly.

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## Week One

**John 13:4-5, Luke 6:31**

Being a friend means serving your friends.

## Week Two

**Proverbs 12:26**

Being a friend means building the right friendships.

## Week Three

**Acts 15:36-38, Acts 15:39-41**

Being a friend means walking away friendly.

# High School

ENGAGE IN EVERYDAY MOMENTS TOGETHER



## Morning Time

As your high schooler starts their day, say something like this: “I’m always so impressed by how you . . .”



## Their Time

Strengthen your relationship by adjusting your plans to show up whenever they need you.



## Meal Time

At a meal this week, have everyone mention the name of a friend and what makes them a good friend to you. Talk about a way each of you can help or serve them.



## Bed Time

As you pray, thank God for your child’s best influences (friends/adults). And think of some ways to express your gratitude to them this week.



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