

ICEBREAKER (10 MINUTES)

Think of a promise you made that was difficult to keep. What made it difficult to keep?

INTRODUCTION (5-10 MINUTES)

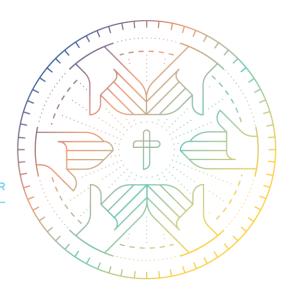
Anchor Verses: Genesis 22:1-18

Abraham trusted God and was obedient to Him. Abraham obeyed when God told him to travel for three days and sacrifice his son. Abraham didn't know that God would stop him from using his son as an offering. This is another example of the Bible showing that Jesus would come and die to save us from our sins.

INTO THE WORD (25 MINUTES)

- Read Genesis 22:3-10. We see through this story that Isaac put his trust in Abraham during a difficult situation. He was old enough to carry the wood, strong enough to stop his dad, and old enough to know his birthright. What sticks out to you from Isaac's actions? Does this correlate with our relationship with our Heavenly Father?
- 2. Read Hebrews 11: 17-19 and Romans 4:3,17. What do you think strengthened Abraham's resolve to trust God and follow His instructions to sacrifice Isaac even when it didn't make sense?
- 3. Read Genesis 26:3, Deuteronomy 7:13, and 1 Corinthians 2:9. Joy is one of many promises God keeps and fulfills. Are there a few "empty promises" the world offers you that you later find shallow or fleeting? How do the true promises of God differ from those of the world?





APPLICATION (25 MINUTES)

- 1. Re-read Romans 8:35-39. How do these scriptures show trust that when God makes a promise, He fulfills it?
- 2. Read Proverbs 3:5, Psalm 46:10, and Romans 15:13. We see deep trust in God from Abraham during this story. Where in your life do you need to trust God deeply? What steps can you take to begin to trust in Him?

PRAYER (10 MINUTES)

Dear Heavenly Father, thank you for the story of Abraham. It's an amazing example of Your mercy and love that You have shown since You created life and the world. We are thankful for the promises You have made and kept since the beginning. We are so grateful for Jesus and that You sent Your Son to save us. Please watch over us as we go through the week and protect us. In Jesus' name, Amen.