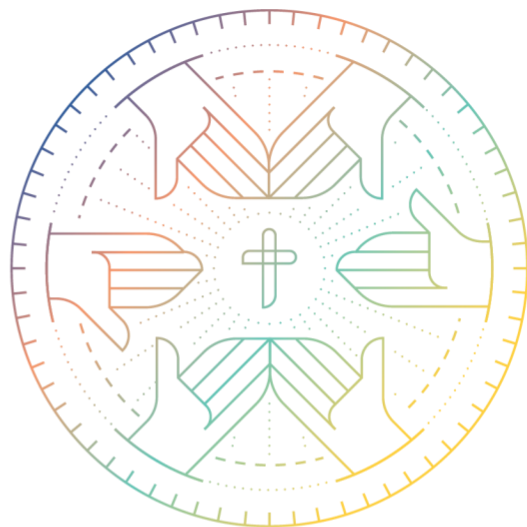


Group Life.

WE ARE BETTER TOGETHER



WELCOME (10 MINUTES)

This week we are continuing our series, *Give Me Strength*. In this third week, we'll talk about how prayer is important for our transformation and how there are small, but specific, spiritual practices that God can use to grow our prayer life.

- Please don't forget to take attendance via the attendance reminder email. It's important!

ICEBREAKER (10 MINUTES)

Pastor Jared talked about Jesus' first day on the job. What was your first paying job? What do you remember the most about that job?

INTRODUCTION (5-10 MINUTES)

Was there one idea that stood out to you from Jared's message on the importance of prayer?

Read Mark 1:32-39.

Following Jesus' early morning time in prayer, he decided to leave Capernaum and go to the other surrounding towns. Does this surprise you, given how strongly people responded to him in v. 32-34? Have you ever come away from time in prayer with a sense of clarity, purpose or direction regarding some important issue in your life?

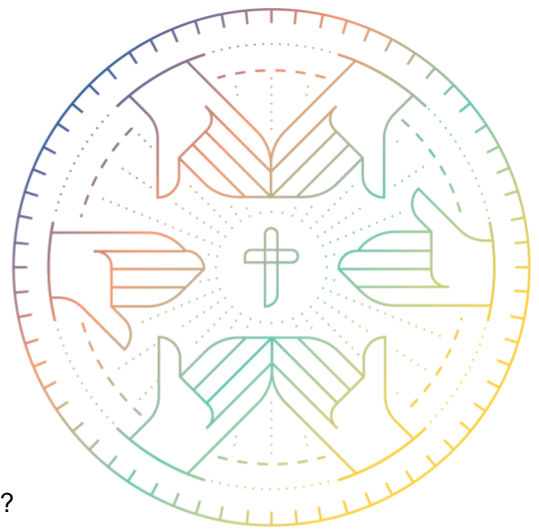
INTO THE WORD (25 MINUTES)

Read **Philippians 4:6-7**. Since God is omniscient (all-knowing) why do we need to present our requests to Him?

If God already knows, what is the purpose of praying?

Group Life.

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What is the relationship between prayer and the peace of God?

Read Mark 14:32-36. What stands out to you about Jesus' prayer?

What do we learn about prayer from Jesus' prayer in the Garden of Gethsemane?

Read James 5:13-16. What does this passage teach us about prayer?

APPLICATION (25 MINUTES)

What is your biggest obstacle to spending time in prayer? What's one small thing you could do to remove that obstacle?

Jared talked about hurry and busyness affecting our prayer life. Has being hurried or busy been a problem for you regarding prayer? What can you do slow down or build restful margin?

As we began this series, we said, "Prayer nourishes the spiritual soil of our life, and grace grows out of that soil." How can prayer help you to grow in grace?

PRAYER (10 MINUTES)

Read Paul's prayer in Ephesians 1:15-19. From this passage, discuss all the ways we can pray for each other. There are many!

We can always pray Scripture over someone, especially when we might not know of any specific prayer needs for that person!

As you close your small group time in prayer, have each person in your circle choose one idea from the list and use it to pray Scripture over the person to your left.