



ICEBREAKER (10 MINUTES)

David said most people believe they'd be happier if they had just a little more money. How would you complete this sentence: "I'd be happier if I had just a little more _____."?

OR

David said Philippians was his favorite book in the Bible. What's yours and why?

INTRODUCTION (5-10 MINUTES)

Read Philippians 4:10-20.

What most stood out to you from David's message?

How have you interacted or struggled with the "Monster of More"? Can you describe either a time in your life or a specific circumstance where you wrestled with the "Monster of More"?

INTO THE WORD (20 MINUTES)

In Philippians 4:11-12, Paul says he has learned to be content in all his circumstances. He has both abounded and he has faced hunger and need.

- Can you think of circumstances where Paul abounded?
- Can you think of circumstances where he faced hunger and need?

Discuss the truths which allowed Paul to find "rest in his heart" no matter what the circumstance.

Read 1 John 2:16. The world wants us to be distracted by these three things: A. Desires of the Flesh:

- 1. What do you think the "desires of the flesh" refer to in this verse?
- 2. How can the pursuit of wealth be related to the desires of the flesh?
- B. Desires of the Eyes:
 - 1. What might the "desires of the eyes" entail?
 - 2. How does the desire for material possessions and wealth fit into this category?



C. Pride of Life:

- 1. What is meant by the "pride of life"?
- 2. How can the pursuit of riches lead to sinful pride?

APPLICATION (15 MINUTES)

David presented five ways to break trust in money:

- 1. Spend less than you earn.
- 2. Reduce living to 80% of income.
- 3. Avoid the use of debt.
- 4. Build margin (savings).
- 5. Set long-term goals.

How are you doing with these five things? Which one currently presents the greatest challenge to you?

Read 1 Timothy 6:8. Perhaps this verse sounds obsolete in our modern world. How can we still apply this verse to our contemporary life? Share your experience in how God has supplied your "food and clothing."

Discuss within your group how you can:

- Find contentment by learning to trust God about money.
- Learn to be content by learning to be thankful for all you have.
- Find contentment through learning to be generous with what we have.

PRAYER (10 MINUTES)

Our Savior and Lord Jesus, we understand the deceitfulness of riches and how easy it is to become a slave to more. We desire to remain vigilant, prioritizing Your kingdom, cultivating contentment, and practicing generosity to guard against the allure of wealth. Help us to remember that our true treasure lies in our relationship with You and the eternal rewards You promise to those who seek You first. Amen.