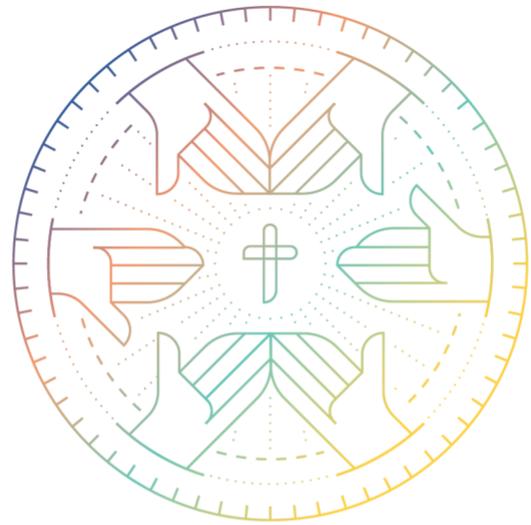


Group Life.

WE ARE BETTER TOGETHER



ICEBREAKER (10 MINUTES)

Jared said we want "better, bigger and faster." If you had to name one thing that you'd like to test 😊 to see if it would bring you greater contentment, what might it be? (I might test a new set of golf clubs to see if they'd bring me more contentment, although they'd probably not improve my score.)

OR

Why do you think genuine contentment is so elusive for most people?

INTRODUCTION (5-10 MINUTES)

What most stood out to you from Pastor Jared's message?

On a scale of 1-10, 10 being perfectly content, where do you find yourself? Why did you give yourself that score? What trips you up the most?

INTO THE WORD (20 MINUTES)

Read Exodus 16:2-12.

How many times is the word "grumble" (or a form thereof) repeated in these verses?

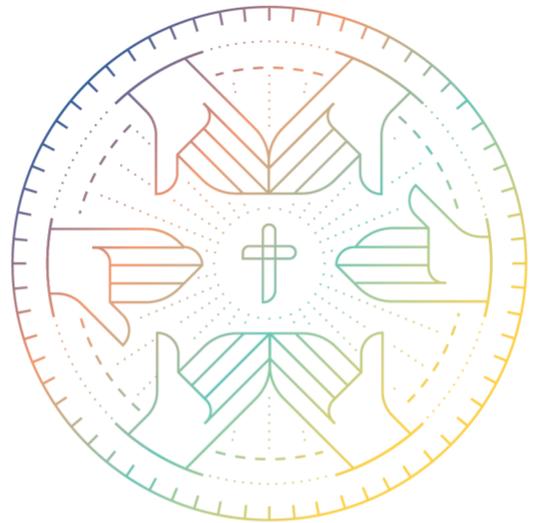
What did the Israelites have to grumble about in their present situation?

What hardships did they endure in Egyptian slavery? How do these hardships compare to their present situation?

How do you reconcile/explain their grumbling?

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Read 1 Cor. 10:11-13.

How does this passage relate to the story of the Israelites in the wilderness? What does God want us to learn from this story?

Noticing that v.10 lists grumbling as an "evil" (v.6), v.13,

Read Philippians 4:10-20.

Paul said he was content no matter what situation he faced (v.11). What were some of those difficult situations (2 Cor. 11:23-27)?

Can you imagine yourself being content in those things he faced?

What did Paul possess that made the difference?

Read Hebrews 13:5.

Why is this verse so important to our conversation about contentment?

APPLICATION (20 MINUTES)

Some people are natural grumblers. They have an *Eeyore* personality. Based on Jared's message and the Philippians passage, how would you encourage them to find peace and contentment?

In what ways are difficulties, hardships, or trials of any kind, a test of our faith and obedience?

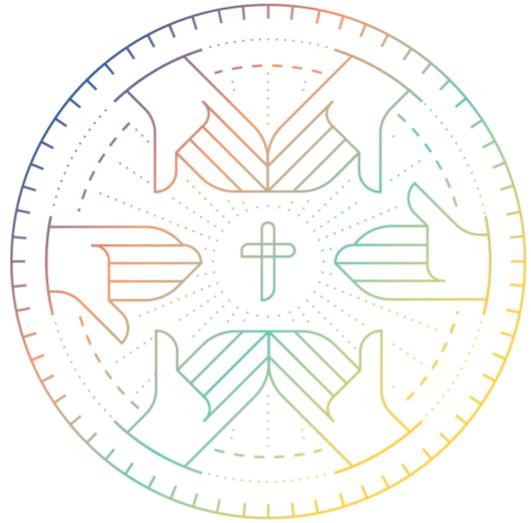
What's one area or circumstance in your life where greater trust in God's generous promise to supply all we need, would bring about greater contentment?

PRAYER

Our Savior and Lord Jesus, thank you for your unchangeable promises. They never fail. You have promised that you are always with us and that you will never forsake us. We trust in your promise. Because of your presence with us, we can endure whatever circumstances or hardships we face. You will always work for our good and cause things to work together in ways that will shape us into the people

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you want us to be. Be with us today in any hardship we face. Comfort and encourage those we love with the encouragement that we have found in you. May we experience the peace and contentment that you long for us to enjoy. Amen.