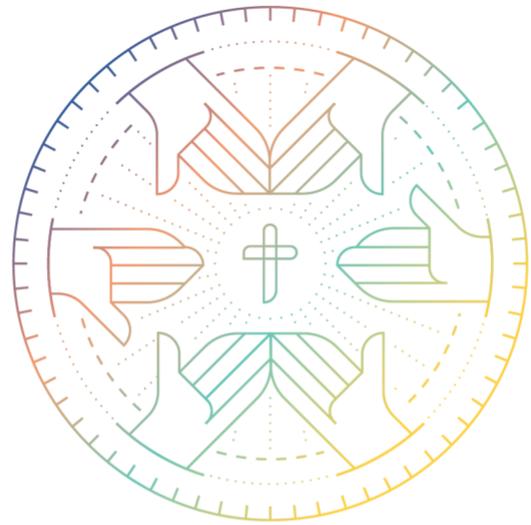


Group Life.

WE ARE BETTER TOGETHER



ICEBREAKER

What's something (i.e. a practice, a Scripture, a song) that brings you a sense of peace or security during challenging times?

INTRODUCTION

Was there a "Daily This Week" that you incorporated into your daily spiritual rhythm? Perhaps a specific time for prayer, or a specific time for Scripture reading, or an intentional practice of gratitude? If so, did that deepen your connection with God?

What statement, idea or truth most stood out to you from Pastor David's message?

INTO THE WORD

Read Matthew 6:8. David said, "A richer and more meaningful relationship with God comes by telling Him what He already knows." Can you discuss and explain what that statement means?

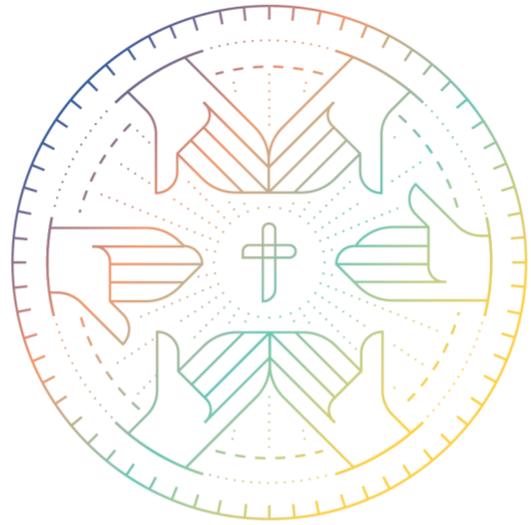
Read Psalm 37:5. How does the act of committing one's spirit into God's hands relate to the idea of surrendering control in our lives? Is this an intentional practice in your own relationship to God? Perhaps something you're willing to begin your day with?

Read Matthew 16:26. Reflecting on the phrase "Our most valuable treasure is our soul," how does this concept shape our priorities and decisions in life? What's one decision you can make that would prioritize the care of your soul?

Read Hebrews 10:19-20. Discuss the significance of the temple curtain being torn in two at the moment of Jesus' death. What does this symbolize about access to God and the nature of His relationship with humanity? How might this significance affect your everyday life?

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APPLICATION

What's one way you can apply David's message? Was there a way that came to mind as you heard the message? Or perhaps afterward?

Do you find it difficult to engage in honest and authentic communication with God by telling Him what He already knows? How does it strengthen our relationship to God when we openly share our fears, doubts, or desires, knowing that He hears and cares for us deeply (Psalm 31:5). This vulnerability fosters intimacy and trust in our relationship with Him.

DAILY THIS WEEK (Choose one of the following to practice each day this week)

Morning Surrender Prayer: Start each day with a prayer of surrender, committing your life, concerns, and plans into God's hands. Through your prayer consciously acknowledge God's sovereignty and trust in His guidance throughout the day.

Gratitude Journaling: Set aside time each day to reflect on the things you are thankful for and record them in a gratitude journal. Practice rejoicing and giving thanks in all circumstances, even during challenging moments, to cultivate a habit of gratitude and praise.

Intentional Gospel Sharing: Look for opportunities to share the message of salvation with others each day this week. This could involve initiating conversations about faith, sharing your own story, or simply demonstrating Christ's love through acts of kindness and compassion towards others.

PRAYER

Our Savior and Lord Jesus, thank you for loving me and inviting me to place all my concerns at your feet. You know my thoughts before I think them, so in true transparency, I bring my thoughts and feelings to You. You know what I'm struggling with, what I need, and what I've done. Yet you love me completely. Draw me into greater intimacy with you as I share with You what You already know about me. Thank you, Lord Jesus. Amen.