

Embody THE ESSENTIALS



Worship God – *Live a lifestyle of growing affection for Him.*

- *Listen to calm instrumental or worship music and invite God into the moment.*
- *Watch a nature documentary/video and think about God as the Creator.*



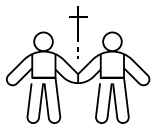
Seek God Daily – *Pursue Him through everyday spiritual practices.*

- *Invite God into specific moments of your day. e.g. When you respond to emails, before a meeting, as you walk into your house after work.*
- *Turn off the radio on the way to work and ask God to be with you during your day.*



Live Generously – *Give your resources joyfully and sacrificially.*

- *Set aside a set amount of time in your day for other people. e.g., grab food with a friend, make a phone call to catch up with a friend intentionally.*
- *Ask God to help you be fully present in a conversation at work or home.*



Build Deep Relationships – *Develop a Christ-centered community for growth and support.*

- *Grab a coffee or a meal with a friend and ask how God has recently worked in their life.*
- *Ask God to show you specific ways to encourage and/or serve the people around you.*



Serve Others – *Use your time and talents to display God's love.*

- *Offer to take something off a friend's or family member's to-do list. e.g., grocery shopping, washing dishes, mowing a lawn, etc.*
- *Imagine how you can use your passion or hobby to serve others.*



Make God Known – *Share who He is and what He's done.*

- *Ask God for opportunities to Reach 2 and share what God has done in your life.*
- *Share/post something on social media that has encouraged you in your walk with God.*