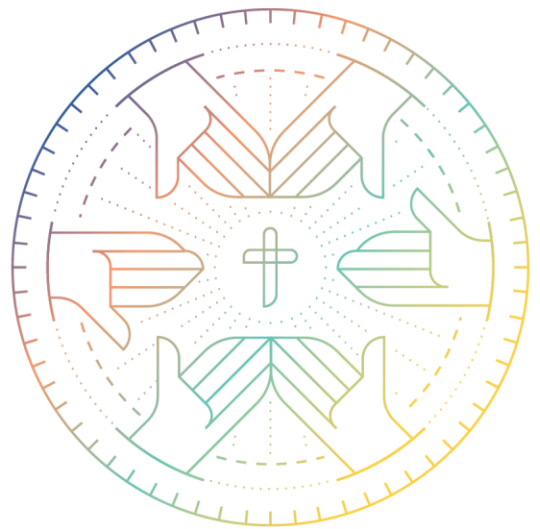


# Group Life.

WE ARE BETTER TOGETHER



## ICEBREAKER (10 MINUTES)

What is a memorable piece of advice you have received from a mentor or leader?

OR

Share an experience when you felt humbled or learned the value of humility.

## INTRODUCTION (5-10 MINUTES)

**Read 1 Peter 5:1-14.** What was your main takeaway from the sermon?

## INTO THE WORD (20 MINUTES)

How does 1 Peter 5:2-3 describe the attitude and responsibilities of church leaders? Compare this with Jesus' teaching on leadership in Mark 10:42-45.

In 1 Peter 5:5, believers are instructed to clothe themselves with humility. **Read Philippians 2:3-4 and Matthew 20:28.** How do these verses further explain what this humility looks like in practice?

What does it mean to cast all your anxieties on God according to 1 Peter 5:7? How does Matthew 6:25-34 reinforce this instruction?

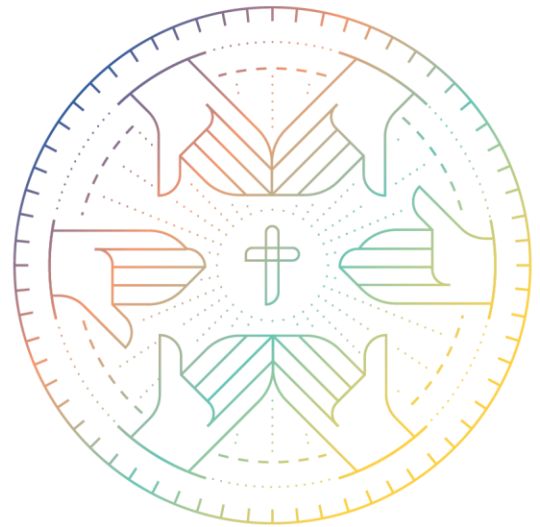
What does it mean to cast all your anxieties on God according to 1 Peter 5:7? How does Matthew 6:25-34 reinforce this instruction?

Peter 5:8 warns to be sober-minded and watchful against the devil. How does Ephesians 6:10-18 provide a strategy for this vigilance?

Reflecting on 1 Peter 5:10, what hope do we have in suffering? How does Romans 8:18-28 enhance our understanding of this hope?

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## APPLICATION (15 MINUTES)

How can you practice the humility described in 1 Peter 5 in your daily interactions?

What steps can you take to support and respect the leaders in your church community?

Identify a current anxiety or stressor in your life. How can you let go casting this anxiety on God, as Peter advises?

In what ways can you be more vigilant against spiritual attacks as mentioned in 1 Peter 5:8-9?

How can you encourage others who are going through trials based on the promise of 1 Peter 5:10?

## DAILY THIS WEEK

Ask for constructive feedback from your spouse, peers, mentors, or supervisors on your work or behavior, and be open to their suggestions.

When you make a mistake, admit it openly and apologize if necessary. Avoid making excuses or blaming others.

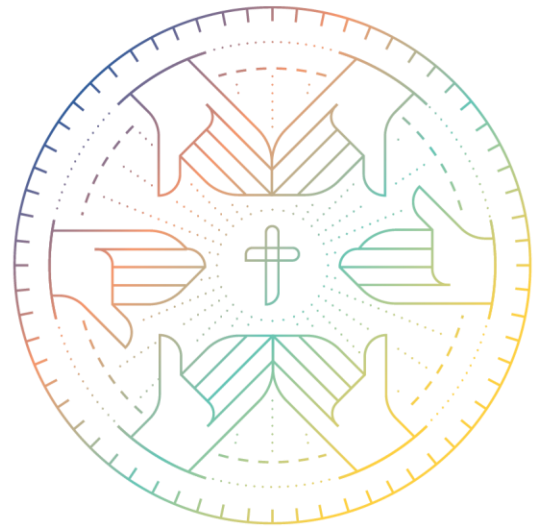
When conversing with others, focus on listening more than speaking. Give your full attention, make eye contact, and avoid interrupting.

Surrender a difficult situation to God and verbally acknowledge your trust in Him by praying Isaiah 43:1b-3.

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## PRAYER (10 MINUTES)

Heavenly Father, we come before You with hearts full of gratitude for Your Word and the wisdom it provides. Help us to walk in humility. Remind us to cast our anxieties on You and lean into Your strength. Help us to trust in Your sovereignty and to stand firm in our faith despite our suffering and challenging circumstances. May we be examples of Your grace and humility to everyone we encounter. In Jesus' name, we pray. Amen!