

Group Life.

WE ARE BETTER TOGETHER



ICEBREAKER (10 MINUTES)

What is one area of your life where you could use a second wind (e.g. parenting, leading, exercise, etc.)?

OR

Have you ever participated in a sport where a second wind was something you experienced?

INTRODUCTION (5-10 MINUTES)

What most stood out to you from Pastor David's message?

Read 2 Peter 1:1-11. How has "grace and peace" been multiplied to you (perhaps recently) through your knowledge of, or relationship with, Jesus Christ?

INTO THE WORD (20 MINUTES)

Read 2 Peter 1:3-4 and 2 Corinthians 1:20-22. How do we gain access to God's power and promises? How might we list the benefits of having the Holy Spirit as a deposit in our life?

Read 2 Peter 1:5-7 and Colossians 3:12-14. How are these two passages similar or different? How can we understand in everyday terms what it means to "make every effort" to cultivate these qualities?

Restate 2 Peter 1:8-9 in personal, positive terms. In other words, how would you phrase these two verses as if these qualities were abundant in your life?

Read 2 Peter 1:10-11. How do we practice diligence in the context of what Peter is teaching here? What is it that confirms our calling and election? What does Peter mean by, "you will never fall"?

APPLICATION (15 MINUTES)

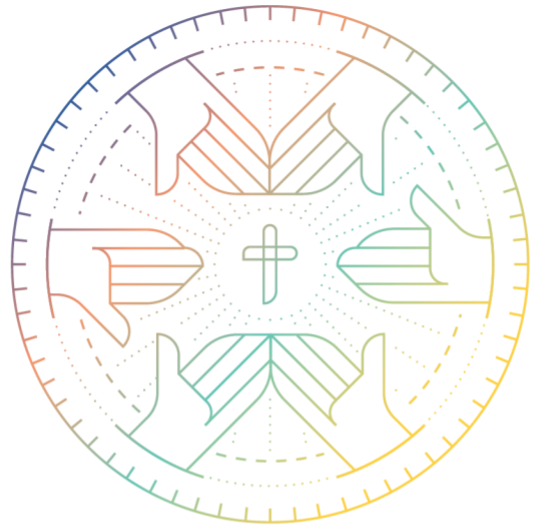
Was there a takeaway from the message that you are putting into practice this week?

How does the Apostle Peter want us to respond to this chapter? What does it look like to "practice these qualities"?

Is there an area of your life where anxiety could be indicating a shortfall in spiritual strength?

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What's one intentional step you can take tomorrow or this week to grow in spiritual strength?

DAILY THIS WEEK

Write a brief daily prayer for each of the seven qualities that Peter lists in v.5-7. For example:

- Father, help me today to grow in virtue, in moral excellence, as I encounter momentary decisions to choose right and wrong.

Identify one thing you can do each day this week to intentionally pursue spiritual strength.

Each day, as you might feel anxiety rise up inside you, express to God your desire to trust Him with whatever the circumstances might be.

PRAYER (10 MINUTES)

Our Savior and Lord Jesus, thank you for the grace and forgiveness that you have given me through Jesus Christ. Thank you for the richness of life I can experience by walking in your light and practicing the virtues that characterize Your nature. Help me to make every effort to grow in holiness and each of the qualities that are important to You. Help me to place all my trust in You each moment of every day. In Jesus' name, Amen.