



READING CHALLENGE

Memory Verse

I will hurry, without delay, to obey your commands.

Psalm 119:60



Think about this as you read each verse:

“How does this verse apply to my life today?”

- Jonah 1:1-2
- Jonah 1:3-5
- Jonah 1:6-8
- Jonah 1:9-12
- Jonah 1:13-14
- Jonah 1:15-16
- Jonah 1:17
- Psalm 119:60
- Jonah 2:1-2
- Jonah 2:3-4
- Jonah 2:5-6
- Jonah 2:7-8
- Jonah 2:9-10
- Psalm 119:60
- Jonah 3:1-2
- Jonah 3:3-4
- Jonah 3:5-6
- Jonah 3:7-8
- Jonah 3:9-10
- Isaiah 49:6
- Matthew 5:16
- Jonah 4:1-2
- Jonah 4:3-4
- Jonah 4:5-6
- Jonah 4:7-8
- Jonah 4:9-10
- Jonah 4:11
- Proverbs 4:23
- Hebrews 4:12



S O A P

SCRIPTURE: Write out a verse or passage of scripture that speaks to your heart.

OBSERVATION: What stood out to you about this verse? Were there any commands or instructions? What is the author saying?

APPLICATION: How can you apply this verse to your life today? How can you live in light of this truth?

PRAYER: Turn these thoughts into prayer. Ask the Lord to show you how to meditate on and apply the scripture to your life