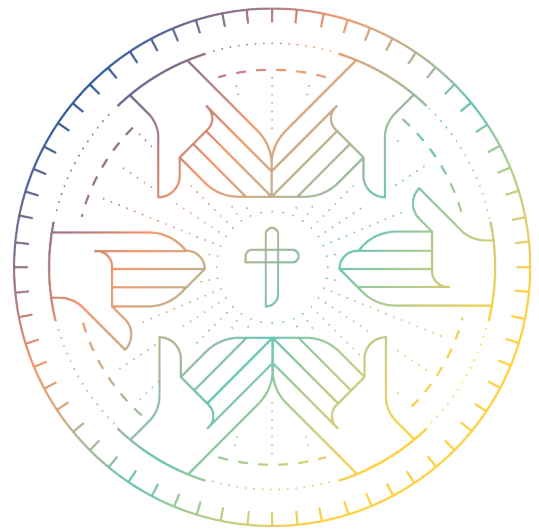


Group Life.

WE ARE BETTER TOGETHER



ICEBREAKER (10 MINUTES)

If you could see one prayer answered immediately, what would it be?

Or

Share a moment when prayer helped you in a challenging situation. How did that experience impact your faith?

INTRODUCTION (5-10 MINUTES)

Daniel teaches us about prayer by his own example. He was committed to prayer and believed in the power of prayer to deliver him in times of trouble.

What most stood out to you from this week's sermon?

INTO THE WORD (20 MINUTES)

Read Daniel 6:1-10. Why was Daniel thrown into the lion's den? How did Daniel's prayer life demonstrate his trust in God?

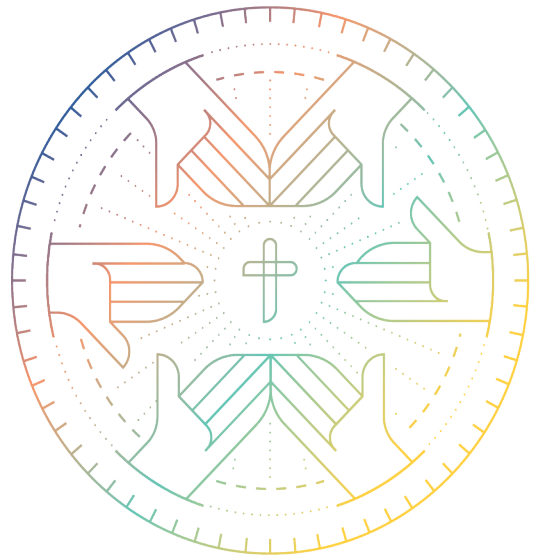
Read Daniel 6:11-18 and Matthew 5:16. How does Matthew 5:16 relate to Daniel's prayer life?

Read John 14:27, Philippians 4:6-9 and Isaiah 26:3. What do these verses teach us about navigating difficult times?

Read Psalm 145: 1-21. Pastor Jared challenged us to remember who we are praying to. What attributes of God are seen in this psalm and how does that change your posture of prayer?

Group Life.

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APPLICATION (15 MINUTES)

In what ways can you demonstrate the same dependence on prayer that Daniel did? How does his story encourage you to trust God more in your own life?

What obstacles do you face in maintaining a consistent prayer life? How can you overcome them?

Take time as a group to share some of God's promises that are meaningful to you and why.

DAILY THIS WEEK

Start each day with a short, focused prayer, asking God for guidance and strength for the day ahead, make it the first thing you do in the morning before getting out of bed.

Keep a journal to record your prayers and write down any answers you notice. Reflect on these entries daily to see God's hand at work. He cares about you and the details of your life!

Find a prayer partner. This could be your spouse, a family member or close friend. Commit to praying for each other's needs daily. Periodically share updates and encourage each other throughout the week.

Daniel's first response to the pressures of life was prayer. Take time to reflect on how you can cultivate that discipline in your own life.

PRAYER (10 MINUTES)

Heavenly Father, we thank You for the example of Daniel, who remained steadfast in prayer and unwavering in his trust in You. Help us to depend on our own dependence on You through prayer. Strengthen us to face any challenges with the confidence that You are in control, just as we see in Daniel's life. May our prayer lives become the source of strength, peace and connection with You. Help us to model a life of prayer to those around us. In Jesus' name, Amen.