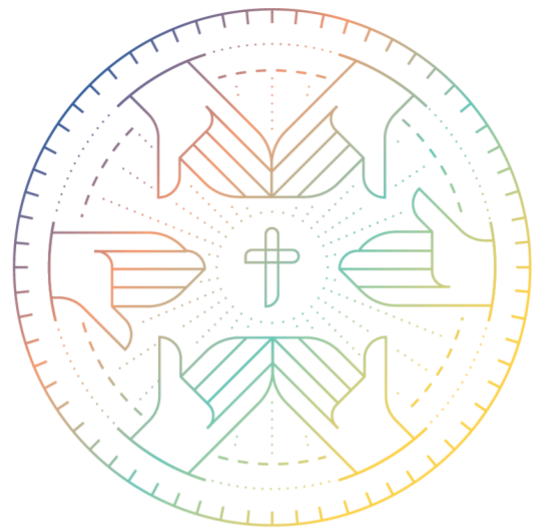


Group Life.

WE ARE BETTER TOGETHER



ICEBREAKER (10 MINUTES)

Who is a figure (from Scripture, history, or your personal life) that inspires you with their humility and why?

INTRODUCTION (5-10 MINUTES)

What most stood out to you from Pastor Jared's message?

Jared used the quote, "Pride is described as 'the cancer of the soul,' destroying spiritual life if left unchecked." How does pride harm our spiritual life, and why does humility lead to healing and restoration?

INTO THE WORD (20 MINUTES)

Read 2 Kings 5:1-14, noting Naaman's actions and emotions throughout the story. Discuss how his pride influences his initial response and how humility ultimately changes his outcome.

Read Philippians 2:3-4, Micah 6:8 and Isaiah 66:2. What do these passages teach us about the role of humility in our lives?

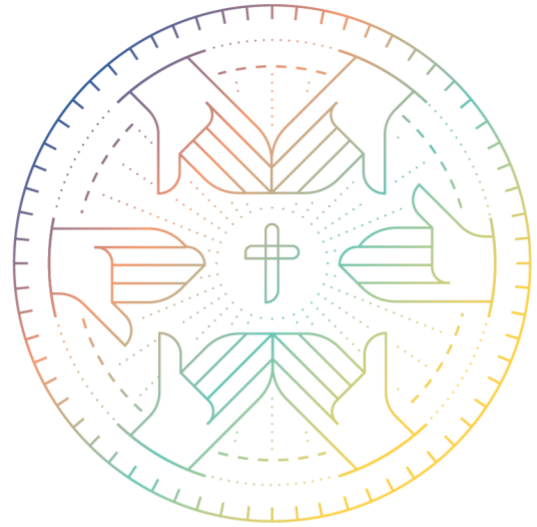
Read Mark 10:45, John 13:14-15 and Matthew 11:29. What do we learn about Jesus and about humility from these verses?

APPLICATION (15 MINUTES)

Read Philippians 2:3-8. Jesus is our ultimate example of humility. Discuss practical ways we can demonstrate humility in our everyday lives.

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How does humility influence all six of our Embody Essentials? As a reminder, here they are:

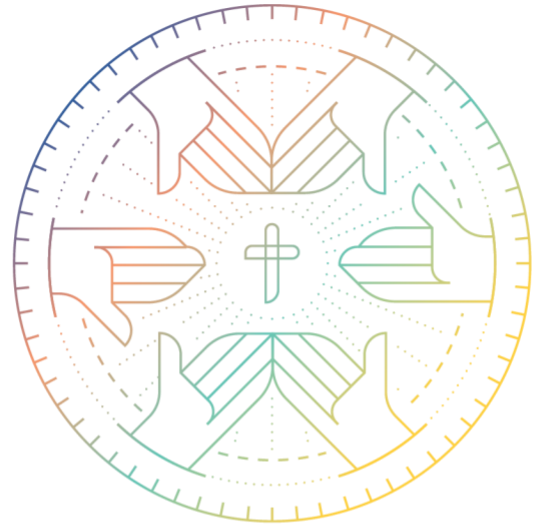
1. Seek God Daily
2. Build Deep Relationships
3. Live Generously
4. Serve Others
5. Make God Known
6. Worship God

SEEKING GOD DAILY

1. Memorize Philippians 2:3-4. "Do nothing from selfish ambition or conceit, but in humility count others more significant than yourselves. Let each of you look not only to his own interests, but also to the interests of others."
2. Go out of your way to serve someone today. Honor/celebrate someone today. Submit to someone today. Each of these actions require humility.
3. Ask God to reveal areas of pride and then confess them to the Lord. Ask Him to give you wisdom and grace to humble yourself where needed.
4. Choose today to be patient with everyone, even those who are impatient with you.
5. Seek feedback from someone close to you. Ask them how you can improve on something and graciously (humbly) accept their input.
6. If you know Jesus as Savior and have not been baptized by immersion, follow His example and take this next step.

Group Life.

WE ARE BETTER TOGETHER



PRAYER (10 MINUTES)

Our Gracious and Heavenly Father, humility is a virtue that pleases you, mirrors Jesus' life, and brings healing and blessing to us. Please help us to see and confess pride or selfishness in our own hearts. By your grace, may pride be replaced by the gentleness of humility. May humble submission and obedience be the fruit of our lives. In Christ' name, Amen.