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Week 6 / Unquenchable Joy / Romans 14:17

Galatians 5:22-23 & Acts 13:52

ICEBREAKER

What's something simple that brings you joy — a song, hobby, or small ritual?

OR

Who in your life models unshakable joy, even in hard times? What stands out about them?

INTRODUCTION

Joy is one of the clearest signs of the Holy Spirit's presence — not the surface kind that depends on circumstances, but deep, enduring joy rooted in God Himself. The Spirit gives a joy that hardship cannot quench and suffering cannot steal.

What stood out to you from this week's message?

INTO THE WORD

Read Romans 14:17; 1 Thessalonians 1:6; Acts 13:52.

What do these verses teach about the connection between the Holy Spirit and joy?

Read John 15:11; Acts 16:25-31; 2 Corinthians 6:10; Romans 5:3-5.

How does the Spirit give joy even in suffering or loss?

Read Nehemiah 8:10; Romans 15:13; Philippians 4:4.

How does joy strengthen and sustain us? What practices help you stay rooted in Spirit-given joy?

EMBRACE AND EMBODY

(Essentials: Seek God Daily and Live Generously)

Spirit-filled joy changes how we live — it overflows into gratitude, generosity, and worship.

Reflect as a group:

- What steals your joy most easily?
- How can joy become your strength this week?
- What would it look like to share joy generously with someone else?

Action Step

Each day this week, write down one way you've seen God's goodness. At the end of the week, thank Him for the joy He's producing in you.

GROUP PRAYER PRACTICE: GRATITUDE REFLECTION

- Read Romans 15:13 aloud.
- Sit quietly and reflect on one reason for joy or gratitude this week.
- Invite group members to share briefly, then close in a time of thanksgiving.

CLOSING PRAYER

Holy Spirit, thank You for filling us with unshakable joy. Teach us to rejoice in every season and let our joy be a light that points others to You. In Jesus' name, Amen.