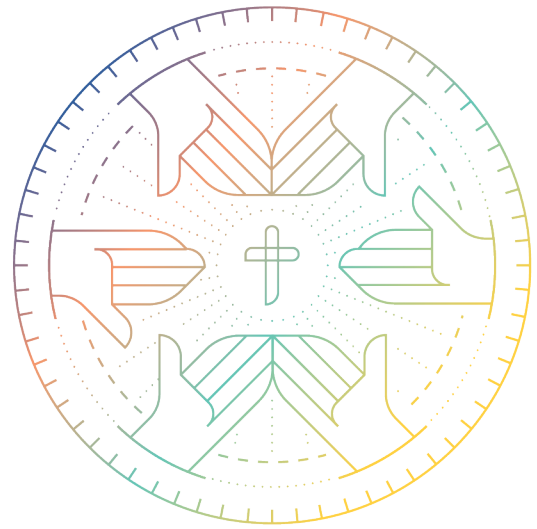


Group Life.

WE ARE BETTER TOGETHER



SMALL GROUP GUIDE

Every Day Matters: “Time: Making Every Moment Count”
Scripture Focus: Ephesians 5:15-17

ICEBREAKER

If you received an extra hour every day, what would you do with it?

OR

Can you share a time when you realized you were mismanaging your time—and how God redirected you?

INTRODUCTION

Time is one of the most valuable gifts God has given us—and one we can never get back. In Ephesians 5:15–17, Paul urges believers to walk wisely, “making the best use of the time,” because the world around us pulls us in countless directions. This passage reminds us that every day matters—not just in how productive we are, but in how aligned our lives are with God’s purposes. Living wisely means learning to prioritize what matters most, stay spiritually alert, and live with eternity in view.

INTO THE WORD

Read Ephesians 5:15–17, Psalm 90:12, and Matthew 6:33. What tends to compete for your time and attention the most right now? What are some ways that we can examine our “walk” to ensure we are making the “best use of the time”?

Read Proverbs 6:6–8, Proverbs 24:30–31, Hebrews 13:13, and Galatians 5:16. What are some ways that familiar patterns or the “deceitfulness of sin” can slowly pull you away from God’s will? What does it look like to let God guide our responses?

Read Psalm 39:4–5, James 4:14, and Proverbs 27:1. How does remembering that life is limited reshape the way you view success, challenges, and uncertainty?

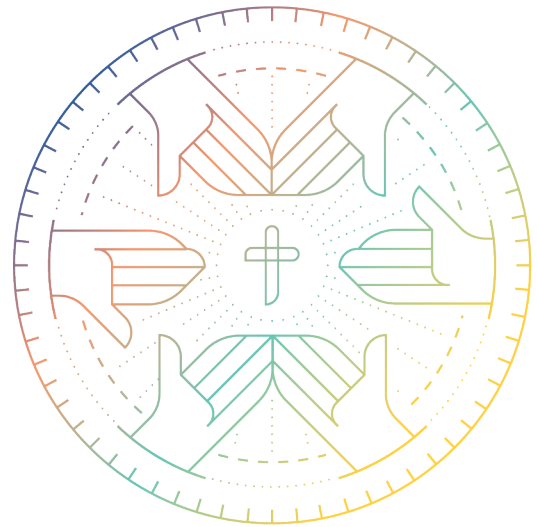
Read Hebrews 10:10, Psalm 119:11, Romans 12:1-2, 1 Peter 1:15-16, and Leviticus 20:26. What does it mean to live a holy life and how can this help us make every day matter?

EMBRACE AND EMBODY

Every day we are given is an opportunity to live with purpose. We are not called to fill our days with more activity. We are called to steward our time on earth wisely—keeping God at the center of every moment.

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Reflection Questions:

- Where do you currently feel a tension between how you want to use your time, and how you're currently managing it?
- What would it look like for you to keep God at the center and what is one step you can take today to make every moment count?

TAKE YOUR NEXT RIGHT STEP

(Prayerfully consider one of the following next steps)

- **Seek God Daily:** Review how you used your time each day last week, and then choose to make one daily change to live with greater purpose.
- **Live Generously:** Set aside a time this week that would normally be just for you, and instead use it to serve, encourage, or honor a neighbor, friend, or co-worker.
- **Worship God:** This week, keep eternity in view and complete your routines, tasks, and rhythms as though they are being done directly for the LORD.

CLOSING PRAYER

Father, thank You that You have chosen to give us today. We confess that we are prone to drifting and can easily mismanage our time. Please forgive us and let Your Word and Spirit draw us towards holiness so that we live every single moment with Your purpose as our priority. In Jesus' name, Amen!