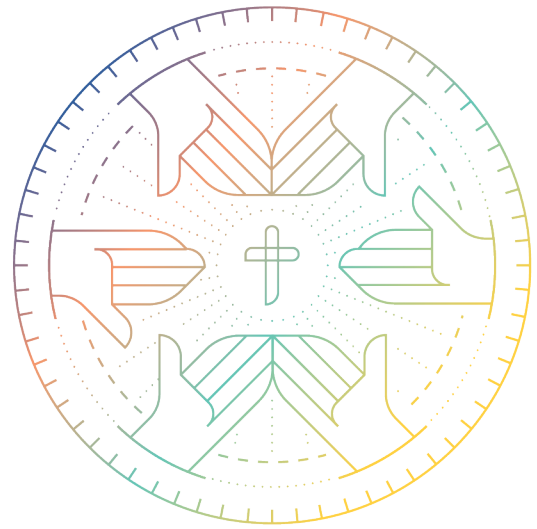


Group Life.

WE ARE BETTER TOGETHER



SMALL GROUP GUIDE

Every Day Matters: “Relationships: Learning to Be Present”
Scripture Focus: Luke 10:38-42

ICEBREAKER

What is one relationship that has deeply shaped your life for the better, and why?

OR

When you spend time with people you care about, what most helps you feel genuinely seen and valued?

INTRODUCTION

Relationships are one of the greatest gifts God gives us, yet they are also one of the easiest places to become distracted, frustrated, anxious, or emotionally distant. In a world filled with busyness and constant demands, we can unintentionally prioritize productivity over presence, assumptions over communication, and performance over grace. In Luke 10, Jesus gently exposes these unhealthy patterns through Martha and Mary, reminding us that relationships flourish when we slow down, become present, and receive love as a gift rather than something to earn. The way Jesus teaches us to love others is also the way He invites us to relate to Him—with attention, trust, honesty, and presence.

INTO THE WORD

Read Luke 10:38–40, John 15:4-5, and Colossians 3:12-14. How does spending intentional time with God shape the way we relate to others?

Read Luke 10:41–42, Romans 8:1, Ephesians 2:8–9, and 1 Corinthians 13:7. Why is it dangerous to build your identity and value on performance? How does the Gospel bring clarity to the fact that love should be freely given?

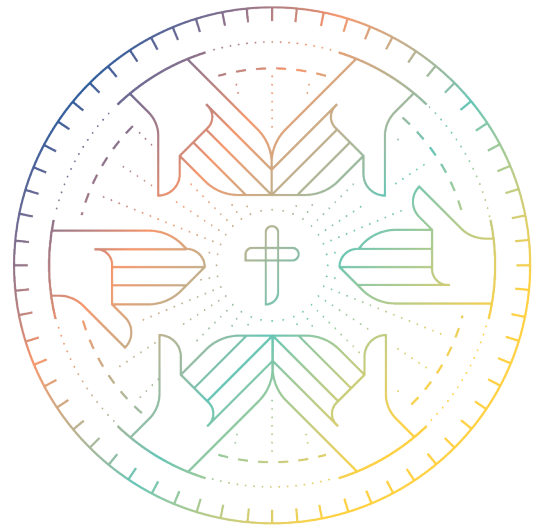
Read Luke 10:42, Psalm 1:2-3, James 1:19, Psalm 90:12, and Matthew 22:37–39. What does it practically look like to prioritize presence in your relationships?

EMBRACE AND EMBODY

Healthy relationships rarely drift into strength by accident. They are cultivated through intentional presence, honest communication, humility, and receiving God’s grace personally. Jesus invites us to slow down, become aware of the distractions and pressures shaping our hearts, and choose what matters most. As we remain close to Him, His love begins transforming the way we relate to others—not through perfection or performance, but through grace-filled presence.

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Reflection Questions:

- Which of the following do you find most challenging in your relationships—listening fully, slowing down in conversations, creating margin for meaningful connection, or making people feeling seen and known?
- What is one practical way you can become more fully present with Jesus and others this week?

TAKE YOUR NEXT RIGHT STEP

(Prayerfully consider one of the following next steps)

- **Seek God Daily:** Choose to create margin to connect with God through His Word, prayer, worship, and listening. Ask Him to help you focus on Him, removing distractions and thoughts of your to-do list for the day.
- **Build Deep Relationships:** Choose a relationship to invest time in this week—a spouse, child, friend, co-worker, neighbor—and take the initiative to be present with them in a way that's meaningful to them.
- **Live Generously:** Give of your time and alleviate a burden from someone in your life so they are freed up to rest, connect, or play. Examples are doing yardwork for a single mom, babysitting for a couple so they can have a date night, or getting groceries for aging parents.

CLOSING PRAYER

Dear Heavenly Father, thank You that we don't have to earn Your attention or affection. Just as You love us, help us to love others so that we may reflect You well and have healthy relationships. Let Your Holy Spirit give us the wisdom we need to be intentional and to make the most of every day. In Jesus' name, Amen!

ANNOUNCEMENTS

- Text "IMPACT" to 32000 to learn more about opportunities to pray, give, and get involved with what God is doing in the Asia Pacific region!