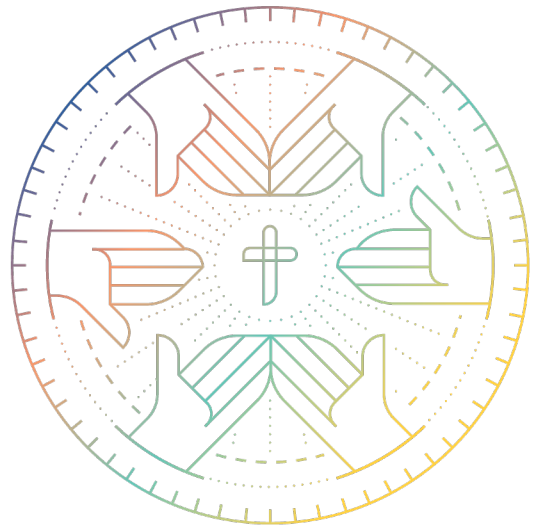


Group Life.

W E A R E B E T T E R T O G E T H E R



SMALL GROUP GUIDE

The Playbook: “How to Fight Against the Enemy”

Scripture Focus: Ephesians 6:10-20

ICEBREAKER

If you had to go into battle with only one household item as your armor, what would you choose?

What are some of the ways you recognize when you are facing a spiritual battle rather than simply a difficult circumstance?

INTRODUCTION

Every follower of Jesus is engaged in a spiritual battle, whether we recognize it or not. Scripture reminds us that our enemy seeks to deceive, discourage, and distract us from following Jesus. But we don’t face this battle alone or in our own strength. Through Jesus, we have already been given everything we need to stand firm. Ephesians 6 reminds us that spiritual victory isn’t about becoming stronger than the enemy; it’s about depending on the strength of the Lord, recognizing the enemy’s schemes, and standing firm in the truth of who God is and what He has done. **What stood out to you most from this week’s message?**

INTO THE WORD

Read Ephesians 6:10–12, 1 Peter 5:8–9, and John 10:10. Why is recognizing that our battle is spiritual, rather than against other people, so important? How does knowing that Jesus has already secured our victory change the way we approach spiritual opposition?

Read Ephesians 6:11–12, 2 Corinthians 10:3–5, James 1:13–15, and John 8:44. What are some of the subtle ways the enemy seeks to influence our thoughts, emotions, and behavior? How can we recognize when a thought, attitude, or temptation is drawing us away from God’s truth? Why is it important to understand our own vulnerabilities when seeking to stand firm in our faith?

Read Ephesians 6:13–17. How does each piece of God’s armor help us stand firm against the enemy’s schemes? What does it practically look like to put on the armor of God in everyday life?

Read Ephesians 6:18–20, James 4:7–8, and John 15:4–5. Why is prayer essential to standing firm against the enemy? How does remaining connected to Jesus change the way we respond to spiritual opposition? What are some practical ways we can become more alert and dependent on God throughout our everyday lives?

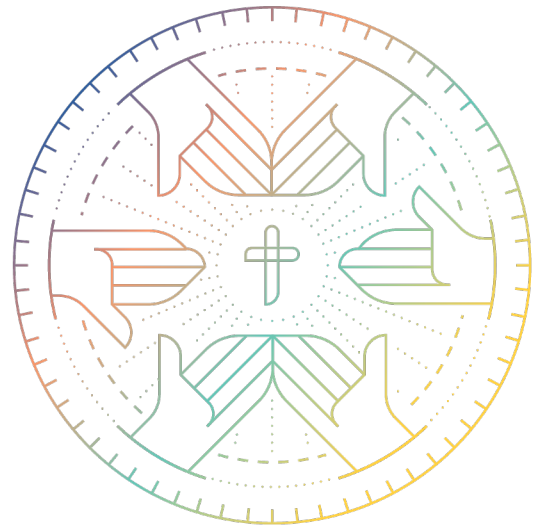
EMBRACE AND EMBODY

Standing firm against the enemy means:

- Recognizing that our ultimate battle is spiritual, not against other people.
- Becoming aware of the enemy’s schemes and our own vulnerabilities.
- Remembering that our identity and victory are secure in Jesus.
- Allowing God’s truth to shape our thoughts, emotions, and behavior.
- Remaining dependent on God’s strength through Scripture and prayer.

Group Life.

WE ARE BETTER TOGETHER



As a group, discuss the following questions:

- Which of the enemy's three primary methods of attack - mind (identity), emotions (relationships), or behavior (convictions) - are you most vulnerable to?
- What would change in your everyday life if you approached spiritual battles with greater confidence in God's strength rather than your own?

TAKE YOUR NEXT RIGHT STEP

(Prayerfully consider one of the following next steps)

- **Seek God Daily:** Memorize Ephesians 6:10. Each day, recite this verse and then pray, asking God to fill you with His strength, and to reveal where you need to trust Him in the situations you face.
- **Make God Known:** Commit to praying for each of your group members by name this week. Ask God to help each person to stand firm in His strength, and to give each person boldness to share who He is and what He has done with an unbeliever in their lives.
- **Worship God:** When you experience fear, discouragement, or temptation, intentionally turn your attention toward God. Spend time worshipping Him and remembering His character, promises, and victory over the enemy.

CLOSING PRAYER

Dear Heavenly Father, thank You that through Jesus, we are not alone in the battle and You have already secured our victory! As we face our enemy, help us to be alert, to be strong in the Lord, to stand firm, and to pray without ceasing, trusting in Your power and Your Word over our fear and our circumstances. In Jesus' name, Amen!